



narrativa
www.narrativaconsulting.com

PROFESSIONAL DEVELOPMENT FACILITATOR



THE UNSEEN WORK THAT CHANGES EVERYTHING

Powerful lessons on the wins no one sees, the internal battles individuals face, and the mindset shifts required to rise. Dig deeper into the advances you can make by just being yourself Unapologetically no matter your title, background, or industry. These topics blend storytelling, practical tools, and authenticity to help audiences rethink success, resilience, and their own untapped potential.

ENGAGEMENT OPPORTUNITIES

Keynote	30/60 minutes	A powerful learning experience to motivate and inspire.
Fireside Chat Or Panelist	30/60 minutes	Engaging dialogue to connect and spark creativity.
Breakout Session	30/60/90 minutes	Strategic planning with supporting tools and resources.
Executive Retreat	4/8 hours	High level development to engage and transform results.
Multi-Session Workshop Series	monthly/quarterly	A program that has accountability to reach success.

IDEAL AUDIENCES

- Corporate leadership teams
- Employee Resource/Network Groups + Women
- Early- and mid-career professionals
- High-potential employee programs
- Sales teams and entrepreneurial groups
- Universities and emerging leader cohorts

BOOKING + CONTACT

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Unapologetic: Boldly Lead the Life and Career You Deserve

A roadmap to authenticity, courage, and sustainable personal and professional development and growth.



Customized books with your company branding available.



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1. All The Wins, No Glory

Invisible Effort: Staying Motivated When No One Notices

- The emotional toll of unrecognized work
- How to measure and celebrate hidden progress
- Building resilience and confidence from within
- Why teams and individuals stay "busy" but stagnant
- How to create traction, direction, and intentional effort
- Frameworks for real productivity
- Scripts, tools and strategies for self-advocacy
- Dealing with bias and barriers
- How to claim your seat at the table
- Confidently asking for recognition, opportunity, and compensation

2. The Journey to Authenticity

You Are The Asset: Permission To Prioritize Your Growth

- The layers we wear and how to shed them
- Authenticity as a leadership advantage
- Navigating environments where authenticity feels risky
- Identifying strengths that set you apart
- Using your superpower strategically
- Avoiding burnout and overextension
- How to invest in yourself in meaningful ways
- The ROI of personal and career development
- Saying no without guilt
- Building laser focus in a distracted world
- Managing emotional energy
- Work-life choice vs. balance
- Making space for joy and fulfillment
- Sustainable success habits

3. The Net Worth Of Your Network

Relationship Capital: The Most Undervalued Career Currency

- Types of mentors and how to find them
- Becoming a high-impact mentor
- Creating mentoring cultures inside organizations
- Why mentoring accelerates both careers
- Networking for real people, not just salespeople
- How networks create opportunities
- Strategies for relationship-building vs. transactional networking that last

NICOLE STEPHENSON, IOM

Founder of Narrativa Consulting and Lecturer at The Wharton School of the University of Pennsylvania, Nicole equips leaders, teams, and emerging professionals with the communication and organizational tools needed to thrive in an ever-changing world.

Known for blending real-world experience with compelling storytelling and practical strategies, she empowers audiences to rethink success and step boldly into their full potential.

As a dynamic communicator and transformational speaker, Nicole delivers content that inspires immediate action and lasting growth. With nearly two decades of experience across marketing, promotions, sales, operations, and events, she brings a rare combination of strategic insight and human-centered leadership to every engagement opportunity. She inspires people not just to imagine what is possible, but to confidently pursue it.

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